

## WEEK ONE

4 November  
25 November  
16 December  
20 January  
10 February  
10 March  
31 March



### MONDAY

Option One **NEW** Tomato Pasta

Option Two Mexican Fajitas with Rice

Option Three Jacket Potato with Baked Beans

Vegetables Vegetables of the Day

Dessert Melting Moment Biscuit

### TUESDAY

Sausage with Mash and Gravy

**NEW** Creamy Curry with Rice

Jacket Potato with Cheese

Vegetables of the Day

Blackberry and Apple Crumble with Custard



### WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy

Vegetable Roast with Roast Potatoes & Gravy

Jacket Potato with Tuna or Salmon Mayonnaise

Vegetables of the Day

Jelly and Peaches



### THURSDAY

Beef Pasta Bake

**NEW** Baked Bean Hot Pot

Jacket Potato with Cheese

Vegetables of the Day

Winter Cake with Custard



### FRIDAY

Fish Fingers with Chips & Tomato Ketchup

Mexican Bean Roll with Chips & Tomato Ketchup

Jacket Potato with Cheese or Baked Beans

Peas and Baked Beans

Chocolate Orange Cookie

## WEEK TWO

11 November  
2 December  
6 January  
27 January  
24 February  
17 March  
7 April

Option One Cheese and Tomato Pizza With New Potatoes

Option Two **NEW** Caribbean Stew with Rice

Option Three Jacket Potato with Baked Beans

Vegetables Vegetables of the Day

Dessert Vanilla Shortbread

Meatballs in Tomato Sauce with Rice

**NEW** Cheesy Pasta with Garlic Bread

Jacket Potato with Cheese

Vegetables of the Day

Marble Cake with Chocolate Sauce

Roast Gammon with Roast Potatoes and Gravy

Vegan Sausage with Roast Potatoes & Gravy

Jacket Potato with Tuna Mayonnaise

Vegetables of the Day

Fruit Medley

Chicken Tikka Masala with Rice

**NEW** Mild Mexican Chilli with Rice

Jacket Potato with Cheese

Vegetables of the Day

Peach Upside Down Cake with Custard

Fish Fingers with Chips & Tomato Ketchup

Cheese and Tomato Quiche with Chips & Tomato Ketchup

Jacket Potato with Cheese or Baked Beans

Peas and Baked Beans

Oaty Cookie

## WEEK THREE

18 November  
9 December  
13 January  
3 February  
3 March  
24 March

Option One Macaroni Cheese

Option Two Vegan Plant Balls in Tomato Sauce with Rice

Option Three Jacket Potato with Baked Beans

Vegetables Vegetables of the Day

Dessert Chocolate Brownie

**NEW** Cowboy Casserole

Cheese and Tomato Pizza With Potato Wedges

Jacket Potato with Cheese

Vegetables of the Day

Slicky Toffee Apple Crumble with Custard

Roast Turkey with Roast Potatoes and Gravy

Vegan Quorn with Roast Potatoes and Gravy

Jacket Potato with Tuna Mayonnaise

Vegetables of the Day

Ice Cream

Spaghetti Bolognese with Garlic Dough Balls

Chinese Vegetable Curry with Rice

Jacket Potato with Cheese

Vegetables of the Day

Vanilla Cake with Chocolate Sauce

Breaded Fish with Chips & Tomato Ketchup

Cheese and Red Pepper Frittata with Chips & Tomato Ketchup

Jacket Potato with Cheese, or Baked Beans

Peas and Baked Beans

Cinnamon Swirl with Apple Slices

### MENU KEY



Added Plant Power



Wholemeal



Vegan

**Available Daily:** Fresh Bread – Salad Selection – Fresh Fruit

### ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

WEEK ONE

4 November  
25 November  
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20 January  
10 February  
10 March  
31 March



MONDAY

Option One  
NEW Tomato & Vegetable Pasta **V302**

Option Two  
Mexican Fajitas **V308** with Rice **SD84**

Option Three  
Jacket Potato **SD55** with Baked Beans **SD22**

Vegetables  
Carrots **SD28**, Green Beans **SD24**

Dessert  
Melting Moment Biscuit **D231**

TUESDAY

Sausage **P3** with Mash **SD1** and Gravy **SD118**

NEW Creamy Chickpea and Coconut Curry **V303** with Rice **SD84**

Jacket Potato **SD55** with Cheese **V85**

Peas **SD18**, Broccoli **SD20**

Blackberry and Apple Crumble **D74** with Custard **D2**

WEDNESDAY

Roast Chicken **C4** with Roast Potatoes **SD7**, **SD82** & Gravy **SD118**

Vegetable Roast **V13** with Roast Potatoes **SD7**, **SD82** & Gravy **SD118**

Jacket Potato **SD55** with Tuna Mayonnaise **F11** or Salmon Mayonnaise **F32**

Cauliflower **SD27**, Red Cabbage **SD23**

Jelly **D245** and Peaches **D166**

THURSDAY

Minced Beef Pasta Bake **B50**

NEW Baked Bean Hot Pot **V307**

Jacket Potato **SD55** with Cheese **V85**

Broccoli **SD20**, Sweetcorn **SD19**

Carrot and Courgette Cake **D174** with Custard **D2**

Fish FRIDAY

Fish Fingers **F6** with Chips **SD5** & Tomato Sauce **SD14**

Mexican Bean Roll **V161** with Chips **SD5** & Tomato Sauce **SD14**

Jacket Potato **SD55** with Cheese **V85** or Baked Beans **SD22**

Peas **SD18** and Baked Beans **SD22**

Chocolate Orange Cookie **D230**

WEEK TWO

11 November  
2 December  
6 January  
27 January  
24 February  
17 March  
7 April

Option One  
Cheese and Tomato Pizza **V231** With New Potatoes **SD2**

Option Two  
NEW Caribbean Butterbean Stew **V306** with Rice **SD84**

Option Three  
Jacket Potato **SD55** with Baked Beans **SD22**

Vegetables  
Butternut Squash **SD31**, Peas **SD18**

Dessert  
Vanilla Shortbread **D57**

Meatballs **C104** in Tomato Sauce **V225** with Rice **SD84**

NEW Cheese and Broccoli Pasta **V304** with Garlic Bread **SD50**

Jacket Potato **SD55** with Cheese **V85**

Green Beans **SD24**, Cauliflower **SD27**

Marble Sponge Cake **D199** with Chocolate Sauce **D3**

Roast Gammon **P5** with Roast Potatoes **SD7**, **SD82** and Gravy **SD118**

Vegan Sausage **V238** with Roast Potatoes **SD7**, **SD82** & Gravy **SD118**

Jacket Potato **SD55** with Tuna Mayonnaise **F11**

Broccoli **SD20**, Sweetcorn **SD19**

Fruit Medley **D224**

Chicken Tikka Masala **C45** with Rice **SD84**

NEW Mild Mexican Chilli **V309** with Rice **SD84**

Jacket Potato **SD55** with Cheese **V85**

Carrots **SD28**, Broccoli **SD27**

Peach Upside Down Cake **D176** with Custard **D2**

Fish Fingers **F6** with Chips **SD5** & Tomato Sauce **SD14**

Cheese and Tomato Quiche **V49** with Chips **SD5** & Tomato Sauce **SD14**

Jacket Potato **SD55** with Cheese **V85** or Baked Beans **SD22**

Peas **SD19** and Baked Beans **SD22**

Oaty Cookie **D85**

WEEK THREE

18 November  
9 December  
13 January  
3 February  
3 March  
24 March

Option one  
Macaroni Cheese **V11**

Option two  
Plant Balls **V237** in Tomato Sauce **V225** with Rice **SD84**

Option Three  
Jacket Potato **SD55** Baked Beans **SD22**

Vegetables  
Carrots **SD28**, Peas **SD18**

Dessert  
Chocolate Beetroot Brownie **D169**

NEW Cowboy Casserole **P22**

Cheese and Tomato Pizza **V231** With Potato Wedges **SD6**

Jacket Potato **SD55** with Cheese **V85**

Broccoli **SD20**, Sweetcorn **SD19**

Sticky Toffee Apple Crumble **D243** with Custard **D2**

Roast Turkey **T1** with Roast Potatoes **SD7**, **SD82** and Gravy **SD118**

Vegan Quorn **V204** with Roast Potatoes **SD7**, **SD82** and Gravy **SD118**

Jacket Potato **SD55** with Tuna Mayonnaise **F11**

Cauliflower **SD27**, Green Beans **SD24**

Ice Cream **D13**

Spaghetti **SD8** Bolognese **B48** with Garlic Dough Balls **SD50**

Chinese Vegetable Curry **V212** with Rice **SD84**

Jacket Potato **SD55** with Cheese **V85**

Broccoli **SD20**, Carrots **SD28**

Vanilla Sponge **D193** with Chocolate Sauce **D3**

Breaded Fish **F7** with Chips **SD5** & Tomato Sauce **SD14**

Cheese and Red Pepper Frittata **V24** with Chips **SD5** & Tomato Sauce **SD14**

Jacket Potato **SD55** with Cheese **V85**, Baked Beans **SD22**

Peas **SD18** and Baked Beans **SD22**

Cinnamon Swirl **D244** with Apple Slices **D216**

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